

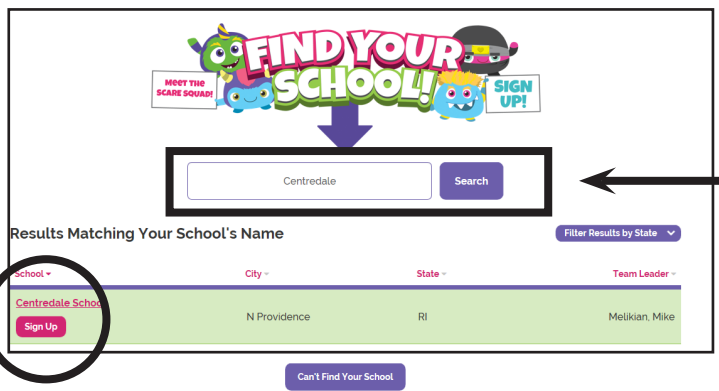
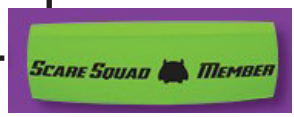
HELP BUILD HEALTHIER LIVES FREE FROM HEART DISEASE AND STROKE

Go online to donate & share the message of heart health with family & friends.



Visit www.heart.org/jump OR www.heart.org/hoops

Receive a glow-in-the-dark wristband just for registering!



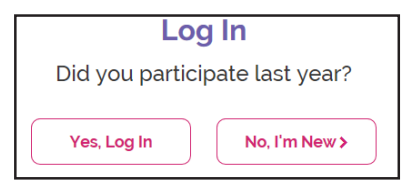
Scroll down to "Find Your School."

Type in your school name then click "Search."

Click "Sign Up."



If you participated last year, select "Yes, Log In."
If you're a first time participant, select "No, I'm New."



Consider kicking things off by making a personal donation.



Click "Next" to create your personal profile and get access to your headquarters.



Reach out to your family and friends with an email to support your efforts to help the American Heart Association!

New!

Make the Scare Squad Monsters come to life!

- Search "Jump/Hoops" to download the free mobile app!
- Spread the word about heart health & scan your monsters to watch them jump & play!

